

# FAQ ON INDOOR SOCCER!



The YMCA offers a nine-game recreational indoor soccer league focusing on skill development without postseason play. Game days/times vary by division with the earliest weeknight game times given to the youngest ages. Youth memberships and financial assistance are available.

## How do I register my child (or myself) for indoor soccer at the Cumberland YMCA?

All players must register online ([www.cumberlandymca.org](http://www.cumberlandymca.org)) or in-person with our Welcome Center staff. While registering, players will list their coach/team name or ask to be assigned to a team. All players listed on a team roster must be paid in full prior to the first game of the session in order to play. Register now through September 23 to receive the lowest pricing!

## What equipment do players need to purchase?

Players must wear shin guards and sneakers/indoor turf shoes. Outdoor cleats are prohibited. Team shirts will be provided at the first game. Late registrants will experience a delay in receiving their shirt.

## What responsibilities do coaches have?

Coaches are responsible for submitting their roster by October 7, communicating with their team, and coaching the game. Communication for indoor soccer is minimal compared to some other sports.

## Can I request a specific game day or time?

Scheduling requests can only come from coaches and must be written on the top of the team roster. Requests, which must be submitted prior to October 7, will be accommodated when possible.

## Can one soccer player play on two indoor soccer teams?

Players can play on two soccer teams, but only one team per division. Players seeking an advanced competition level are welcome to play up a division, but cannot play down a division.

For additional information, please contact Eleanor Madden, [eleanor@cumberlandymca.org](mailto:eleanor@cumberlandymca.org).

<u>Age Group</u>	<u>Game Length</u>	<u>Ball Size</u>	<u>Players on Field</u>	<u>Possible Gamedays</u>
U8	Four 10-Minute Quarters	#3	7 including goalkeeper	Fri/Sat/Sun
U10 & U12	Two 20-Minute Halves	#4	7 including goalkeeper	Weeknights
U14, U16, & U19 Boys	Two 20-Minute Halves	#5	6 including goalkeeper	Fri/Sat/Sun
U19 Girls	Two 20-Minute Halves	#5	6 including goalkeeper	Sun
Adult Rec	Two 20-Minute Halves	#5	6 including goalkeeper	Any Evening
Power	Two 20-Minute Halves	#5	6 including goalkeeper	Wed
Women's	Two 20-Minute Halves	#5	6 including goalkeeper	Tues
Over 30	Two 20-Minute Halves	#5	6 including goalkeeper	Sun/Mon